

Boise Brows Permanent Brow Aftercare Instructions

- I understand that my technician cannot predict my pigment retention as each person and each person's immune system is unique. My aftercare is my responsibility. I understand that following these instructions is a key part of insuring I protect my brows and the work that was performed. _____(initial)
 - I understand my brows are considered open wounds until completion of healing (7-14 days). Any products I apply to my face or accidentally come in contact with (dust, dirt, chemicals etc) can enter into the brows and affect their healing. _____ (initial)
 - If I am concerned of infection or allergic reaction I am to go to my physician and notify Cori Simons _____(initial)
 - Fresh brows will appear thicker, darker, and bolder than the healed result. It is normal to fade 30% or more of the color in the healing process. _____(initial)
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- **Day One:** Blot your brows frequently with a tissue immediately after, use good pressure. Continue to blot as long as you are seeing blood or lymphatic fluid on the tissue. This helps to remove any blood and lymph fluid and prevents thick scabs from forming. Use a clean tissue or paper towel. You may notice a bit of pigment on your cloth, don't panic! DO NOT scrub or apply any products to your brows. _____ (initial)
 - **Night One:** Wipe your brows gently with a slightly damp cloth (sterile water is recommended) to remove any lymph that has built up on the skin. Blot dry. (This is the ONLY TIME your brows should get wet during the healing process!) Avoid water when washing your face or showering. Water will dilute the pigment and soften the scabs causing them to prematurely flake. _____ (initial)
 - **Day Two:** Make sure not to get any cleansers, facial products, or makeup on your brows. Avoid water on your brows. Apply a small amount of Aquaphor to moisten them 1-3 times a day. DO NOT overuse as it can suffocate the skin and reduce your retention. _____ (initial)
 - **Day 3-5:** Your brows will start to thicken and form a slight scab. Apply Aquaphor 1-3 times a day. Make sure not to get any cleansers, facial products, or makeup on your brows. Avoid water on your brows. _____ (initial)
 - **Day 6-14:** Your brows will start to flake and peel. Continue to apply Aquaphor as needed. DO NOT SCRUB or pick at the flaking. Prematurely removing the skin can cause scabbing and will remove extra color. Make sure not to get any cleansers, facial products, or makeup on your brows. Avoid water on your brows. If flaking skin is hanging you my nip it off with small scissors or nail clippers. _____ (initial)
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- Avoid Hot tubs, pools, saunas, and exercise while you are healing. Sweat and chemicals in your fresh brows puts you at risk for scabbing and infection. Avoid the sun and tanning beds to prevent burning and blistering. Sweat contains salt and salt can bind with the pigment causing your body to push the pigments out. _____ (initial)
- Water will soften the scabs and cause them to fall off too early. Keep brows out of water in the shower, bath, or when washing your face. _____ (initial)
- At no point should you scrub your brows or pick at any flaking. Doing so will cause you to lose extra pigment and put you at risk for infection. _____(initial)
- Initially it may look as if there is no color under the scabs, this is a normal part of cellular turnover and the color will return as you heal during the month. _____ (initial)
- It is normal to have patches of color that are less saturated than others, that is why you have a touchup! Do NOT panic! _____ (initial)
- 1 sessions is included in all new permanent brow sessions. Occasionally a 2nd session may be needed for some skin types and are an additional cost. _____(initial)
- Remember that permanent does not mean they will not fade, to keep your permanent cosmetics looking their best I recommend an annual touchup. Think of scheduling for your birth month so you won't forget. _____(initial)

Please to don't hesitate to call or text at any time with any questions or concerns you may have - 208-850-1823

Name _____ Signature _____ Date _____